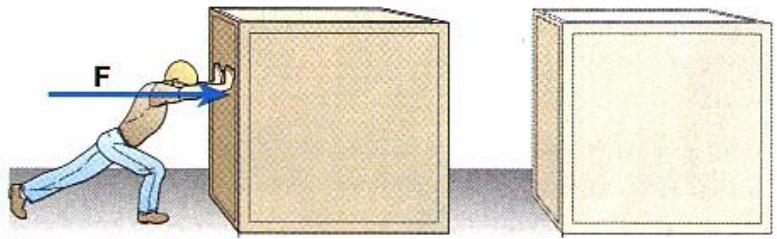


WORK



(a)



(b)

Who is doing more work?

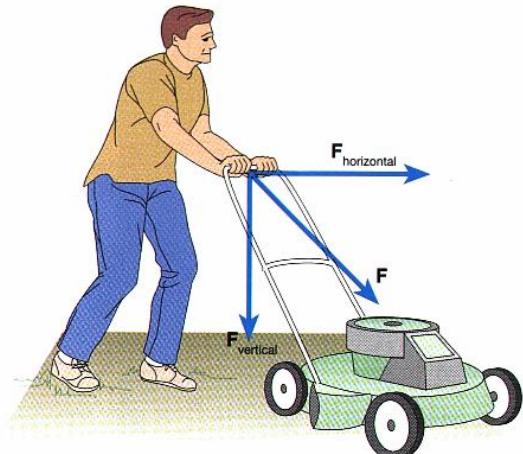
- **Work** is defined as the product of the **net force** acting on a body and the **distance** moved in the direction of the force.

$$\text{Work} = \text{force} \times \text{parallel distance}$$

$$W = F \times d$$

- SI Units of work are **joules** (1 joule = 1 Nm = 1 kgm²/s²)

- Only the **component** of the applied force, **F**, in the **direction** of the **motion** of the lawn mower, **F_{Horizontal}**, is used to do **work** on the lawn mower.



Examples:

1. An object is moved with a force of 15 N across a horizontal surface. How much work is done if the object is moved 50 m?

$$F =$$

$$d =$$

$$W =$$

2. 650 J of work is done in moving a desk a horizontal distance of 5 m. How much force is used to move the desk?

$$F =$$

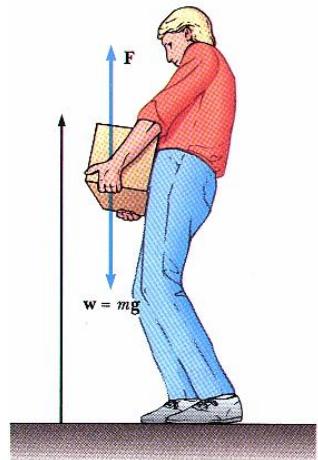
$$d =$$

$$W =$$

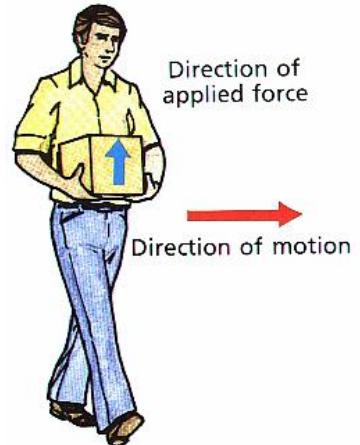
3. How much work is done in lifting a 10 kg box 1.5 m off the floor?

$$F = w = mg = (10 \text{ kg})(10 \text{ m/s}^2) = 100 \text{ N}$$

$$W = F \times d = (100 \text{ N})(1.5 \text{ m}) = 150 \text{ Joules}$$



4. How much work is done while walking 5.0 m holding an object with mass of 3.0 kg?



POWER

- **Power** is the **rate** at which work is done.

$$\text{Power} = \frac{\text{work}}{\text{time}} \qquad P = \frac{W}{t} = \frac{Fd}{t}$$

- SI units of power are **watts** (1 watt=1 joule/s).

Examples:

1. A force of 150 N is used to push a motorcycle 10 m along a road in 20 s. Calculate the power in watts.

$$F =$$

$$d =$$

$$t =$$

$$P = ???$$

2. An 80 kg man runs up a flight of stairs 5.0 m high in 10 seconds. What is the man's power output in watts?

$$F = m \times g = (80 \text{ kg})(10 \text{ m/s}^2) = 800 \text{ N}$$

$$P = \frac{W}{t} = \frac{F \times d}{t} = \frac{(800 \text{ N})(5.0 \text{ m})}{10 \text{ s}} = 400 \text{ watts}$$

3. A pump lifts 30 kg of water a vertical distance of 20 m each second. What is the power output?

$$m =$$

$$d =$$

$$t =$$

$$P = ???$$

4. A crane uses 750 kW of power to lift a car 0.5 m in 12 seconds. How much work is done? What force did the crane use?

$$d =$$

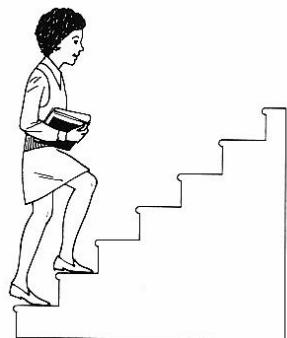
$$t =$$

$$P =$$

$$W = ???$$

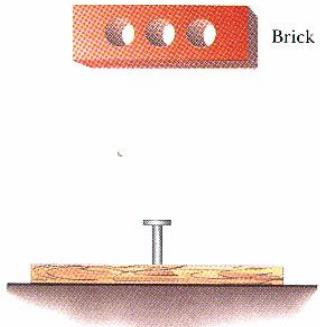
$$F = ???$$

5. Which person below does more work? Which person has greater power? Explain.

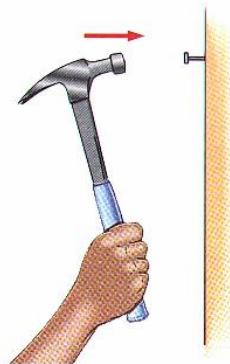


ENERGY

- Energy is defined as the **ability** to do **work**.

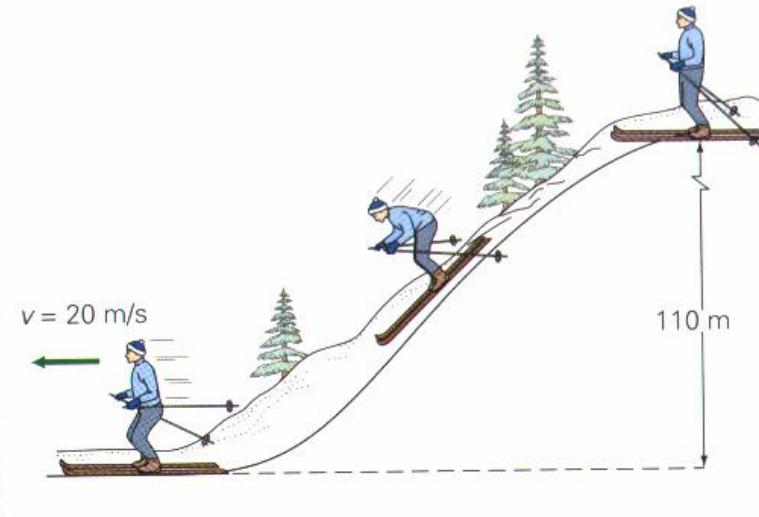


The brick and the hammer possess **energy** and thus can **do work** on the nail



- Two types of energy: **kinetic** (motion) and **potential** (stored)
- SI units of energy are **joules** ($1 \text{ joule} = 1 \text{ kg m}^2/\text{s}^2$)

Potential energy



Kinetic Energy

KINETIC ENERGY

- KE is energy of ***motion***:

$$\text{KE} = \frac{1}{2}mv^2$$

- KE is a ***scalar*** quantity.

Examples:

1. What is the kinetic energy of a 60 kg girl on skis traveling at 20 m/s?

m=

v=

KE=

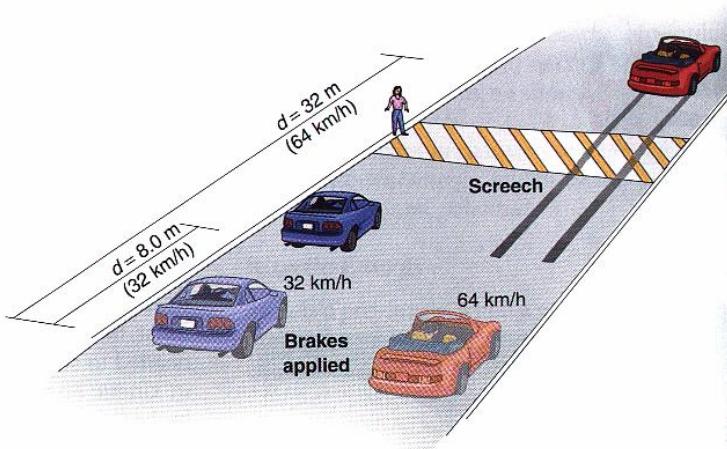
2. A sports car is moving at 4.0 m/s. If the mass of the car is 800 kg, how much kinetic energy does it have?

m=

v=

KE=

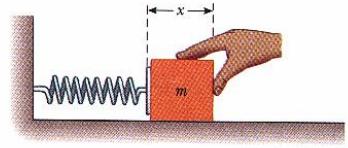
3. Two identical cars are moving, one with twice the velocity of the other. How much more kinetic energy does the faster car possess?



POTENTIAL ENERGY

- PE is **stored** energy.

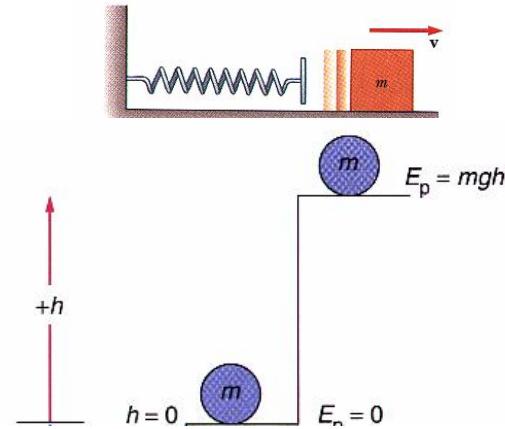
The compressed spring has ***potential energy*** because when released it can do ***work*** on the mass, ***m***.



- **Gravitational PE** is energy of ***position***.

$$\text{Potential Energy} = \text{weight} \times \text{height}$$

$$PE = m g h$$



Examples:

1. A mass of 100 kg is lifted a distance of 50 m. How much potential energy does it possess?

$$m =$$

$$h =$$

$$PE =$$

2. A 70-kg diver standing on a diving platform possesses 35000 J of PE. How high is the platform?

$$m =$$

$$h =$$

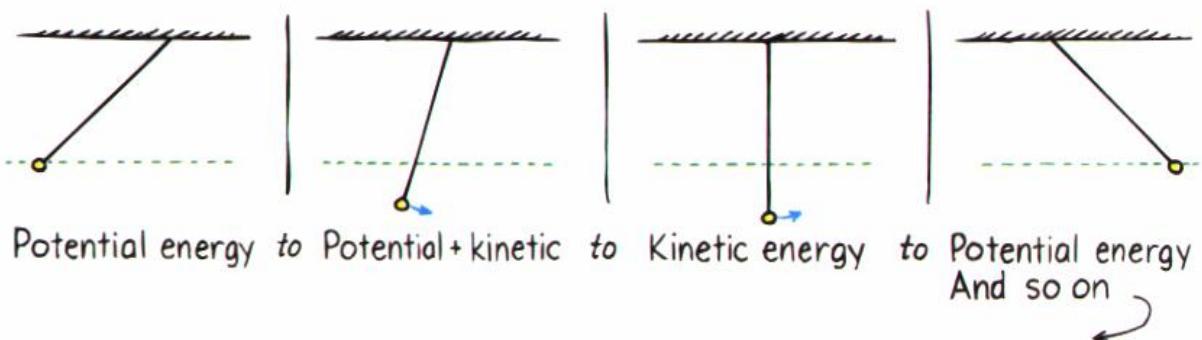
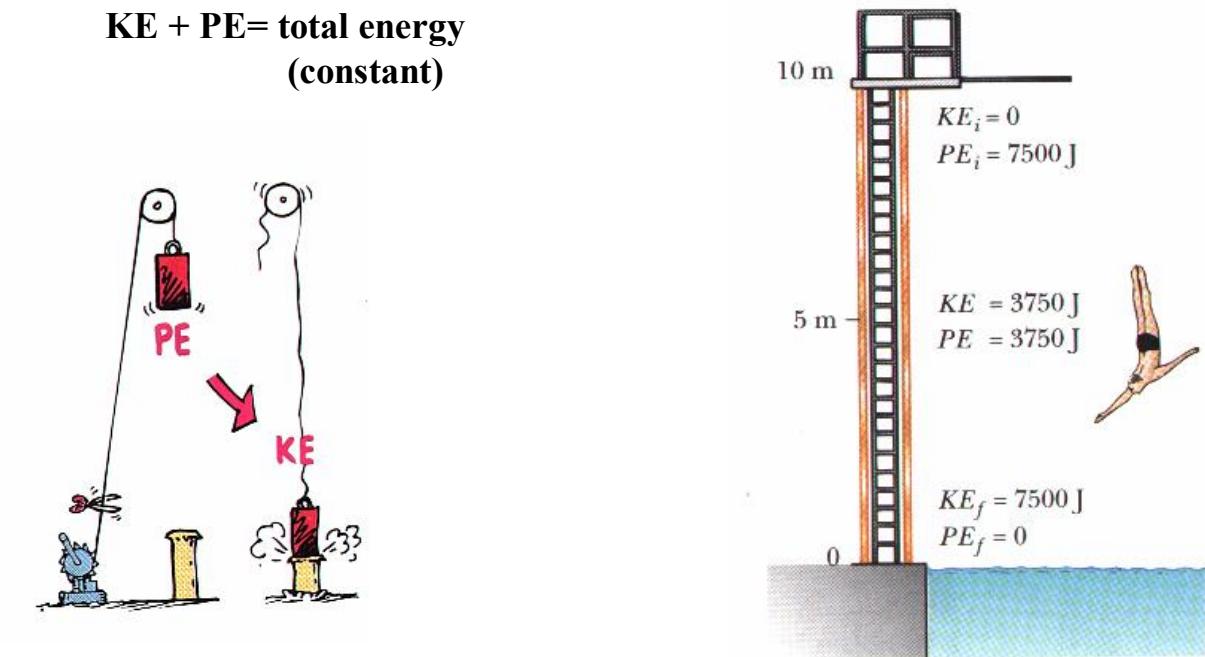
$$PE =$$

CONSERVATION OF ENERGY

- The **sum of kinetic energy and potential energy in a system is constant**, in absence of friction.

$$\text{KE} + \text{PE} = \text{constant}$$

- Energy **cannot be created or destroyed**; it may be **transformed from one form to another**, but the **total amount of energy in a system remains constant**.



Examples:

1. A 10-kg boulder rests at the edge of a 100-m cliff.
- a) How much potential energy does the rock possess?

$$m =$$

$$h =$$

$$PE =$$

- b) The rock rolls off the cliff and falls to the bottom. How much kinetic energy does the rock possess at the bottom of the cliff?

$$KE_{\text{Bottom}} = PE_{\text{Top}} =$$

- c) What speed does the rock have just before hitting the ground?

$$KE = \frac{1}{2}mv^2$$

$$v^2 =$$

$$v =$$

2. A 60-kg boy and his sled are at the top of a 10 m high slope.

- a) How much gravitational potential energy do the boy and the sled possess at the top of the slope?

- b) What kinds of energy, and how much of each, do they possess halfway down the slope (5 meters above point 0)?

